

Welcome to TENNESSEE

A Home from Home

Tennessee provides 33 purpose built, self-contained flats, all with central heating. Each flat has a sitting room, one or two bedrooms, a bathroom and kitchen. An internal communication system enables residents to call the scheme manager or a central control team in an emergency. There are two communal lounges, and staff and residents arrange various social activities.

Extra Care Services

Tennessee is a BCOP sheltered housing scheme which is able to offer Extra Care Services. These include assisted bathing areas, a communal kitchen to provide on site meals and home care teams based on site.

Additional Services

A number of extra services are available to people living in our schemes, either free, or for an additional charge. These include:

- Hairdressing
- On-site shop
- Laundry
- Two guest rooms
- Chiropody
- Ring & Ride

Both Church of England and Roman Catholic Ministers from the neighbourhood visit regularly, and Holy Communion is celebrated in the lounge every month for those who wish to attend.

Keeping Active

Residents are encouraged to stay as active as possible in mind and body. Regular events include gentle "music and movement" exercise classes, bingo and a visiting library service.

At least once a month there is a special event such as a concert by local singers. Staff help people follow special interests in arts, crafts and gardening with many residents tending plants on the landings outside their flats.

A Choice of Home Cooking

Residents are given a wide choice of meals including traditional roasts, always served with vegetables. Salads and fresh fruit are available. Vegetarians, diabetics and those with special ethnic dietary needs are also catered for. Lunch is served in the communal dining room five days a week.

Who Can Apply?

Anyone who lives in the Birmingham area and who meets the Birmingham City Council Housing criteria can apply to this scheme. Applicants must be over retirement age. However, priority is given to people who have a care need and are receiving care from either Social Services or a private individual or agency.

To Find Out More

To find out more, or better still arrange an informal visit, please contact The Scheme Manager, TENNESSEE, 20 Moor Green Lane, Moseley, Birmingham B13 8ND; telephone 0121 449 2756.

LOCAL BUS ROUTES-**No. 50** Birmingham-Moseley-Kings Heath-Maypole-Druids Heath. **No. 1** Birmingham-Cannon Hill Park-Moseley-Acocks Green. The local Post Office is within 1 mile.



TENNESSEE, A HOME FROM HOME



GETTING TOGETHER IN THE LOUNGE



THERE'S ALWAYS PLENTY TO DO

